



Amazi yumwuzure ashobora gutuma urwara

- Amazi yumwuzure ashobora kugira amazi uvanze n'amabyi n'umwanda bishobora gutera uburwayi n'ibikomere
- Ntukoge mu mazi yumwuzure
- Wirinde igihe ukora isuku nyuma yumwuzure kandi wambare agapfuka munwa nizuru, inkweto za botines na gants
- Karaba intoki nisabune kugira ngo wirinde indwara.

Niba ufite amakenga kubera amagara kandi ukeneye ubufasha kubera ururimi, hamagara TIS 131 450 hanyuma usabe Health Direct kuri 1800 022 222

